

First Nations Springboard to a DCS 081.05

Courses offered in the Fall term

Introduction to First Nations Studies: Anthropological Perspectives

381-1F1-DW

This course introduces students to various areas covered by the discipline (linguistics, biology, archaeology, etc.), and by focusing on cultural aspects, demonstrates the unique vision that anthropology contributes to social sciences.

English – Introduction to College English

603-101-MQ

This course introduces students to the study of literature at the college level with special emphasis on vocabulary-building, correct sentence structure, grammar, idioms, and critical thinking.

History of Indigenous Peoples of the American North-East

330-1F1-DW

This course outlines the major landmarks in the evolution of First Nations in the region, from the early ancestors to the 19th century. It aims to provide students with the necessary intellectual tools for a better comprehension of the social, economic, political and cultural aspects of the history of First Nations.

Physical Activity and Health

109-101-MQ

This course involves identifying the role that certain lifestyle behaviours such as regular physical activity, good nutrition and stress management play in the pursuit of optimal health and well-being

Use Learning Strategies (Competency 054M)

360-113-DW

This course introduces students to the skills required to excel socially and academically at the college level. The course will take an in-depth look at effective note-taking, researching, listening and reading skills. Time management/scheduling and handling anxiety in social and academic situations will be vital aspects addressed throughout the course. As a class, we will also learn more about how to study for exams and how to achieve impeccable essay writing skills. The course will also focus on perfecting oral presentation skills and creating well-organized PowerPoints. Students will be exposed to the links between motivation, multiple intelligences, learning styles, cross-curricular competencies, and emotional intelligence. The course will entail a fair amount of workshops and contemplative reports done in class. The final assignments for the course will be an argumentative essay completed in this and other springboard courses and a personal learning portfolio.

Transition to College Studies (Competency 055B)

360-133-DW

This course is designed as an introduction to College studies, its main goal is to help students in the transition process between secondary education and post-secondary education. In order to do so, three major aspects will be covered: history, modern educational systems and cultural interactions. The reasons behind this choice are to help students understand the place of education in our system and to realize their own place in this system.

The course is also designed to help students acquire relevant skills that will assist them throughout their student career such as finding sources, referencing, writing papers, formatting papers and other methodology aspects.

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Courses offered in the Winter term

Introduction to Politics

385-1F1-DW

This introductory course is centered on various Canadian political structures and their operatives. Students will learn about the main political issues of Canadian society. They will be able to reflect on how these political systems influence the contemporary identity of First Nations.

English – Literary Genres

603-102-MQ

This course will explore a variety of literary genres such as poetry, drama, fiction, film, and short story. It will consider their structural elements, conventions and the work's relationship to its literary and historical contexts.

Physical Activity and Effectiveness

109-102-MQ

This course is designed to provide each student with the knowledge and tools necessary to effectively learn the skills of, and be a successful participant in a chosen activity. Each student will be expected to analyze the factors that contribute to the acquisition of skills.

Transition to College Studies (Competency 055B)

360-133-DW

This course is designed as an introduction to College studies, its main goal is to help students in the transition process between secondary education and post-secondary education. In order to do so, three major aspects will be covered: history, modern educational systems and cultural interactions. The reasons behind this choice are to help students understand the place of education in our system and to realize their own place in this system.

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Complementary: The Art of Canada's First Nations

360-BFA-DW

This course opens a perspective on the main artists and artistic currents that have influenced the evolution of Native art in Canada. It will give students the key to understand, describe and comment the artworks of First Nations artists in their historical, cultural and political contexts.

Career Planning (Competency 054L)

360-123-DW

This course is designed to allow students to explore both their academic and professional opportunities in order to assist them in choosing their future path. By focusing on their identity, students will explore their interests and skills in order to accomplish their objectives.

Use Learning Strategies (Competency 054M)

360-113-DW

This course introduces students to the skills required to excel socially and academically at the college level. The course will take an in-depth look at effective note-taking, researching, listening and reading skills. Time management/scheduling and handling anxiety in social and academic situations will be vital aspects addressed throughout the course. As a class, we will also learn more about how to study for exams and how to achieve impeccable essay writing skills. The course will also focus on perfecting oral presentation skills and creating well-organized PowerPoints. Students will be exposed to the links between motivation, multiple intelligences, learning styles, cross-curricular competencies, and emotional intelligence. The course will entail a fair amount of workshops and contemplative reports done in class. The final assignments for the course will be an argumentative essay completed in this and other springboard courses and a personal learning portfolio.